

Julie B. Baron, LCSW-C

EDUCATION: Boston University, Master of Social Work May 1994
The Pennsylvania State University, BA in Psychology May 1991

CLINICAL EXPERIENCE:

PRIVATE PRACTICE, RATHBONE AND ASSOCIATES

Rockville, MD

Psychotherapist/Clinical Social Worker

October 2006- Present

- Assess, diagnose, and treat adolescents, young adults, and their families for a variety of emotional, behavioral, and mental health concerns through individual, group and family therapy.
- Use a variety of research based treatment and intervention approaches in helping clients meet their goals and improve their functioning, relationships and quality of life.
- Recommend and advocate for needed school support and adjunct services.

MCLEAN SCHOOL OF MARYLAND

Potomac, MD

Middle School Counselor

September 2001-June 2007

- Provided school counseling services to grades 5-8 through individual meetings with students, parent conferences and consultation, coordination and consultation with teachers and multidisciplinary support staff, and collaboration with outside mental health and educational providers.
- Developed intervention plans and strategies to assist students with diverse learning needs be successful in school.
- Developed and implemented a comprehensive positive school climate program to maintain a safe and respectful school environment for all students, which addressed bullying, teasing, and social aggression.
- Coordinated faculty, student, and parent climate committees.
- Taught grades 5 and 6 pro-social skills to assist with appropriate social skills development.
- Created and implemented programs for grades 7 and 8 to address and educate them on appropriate social dynamics and assist them to navigate their social world and cope with issues related to adolescence.
- Made recommendations and referrals for appropriate mental health services.
- Provided crisis intervention in responding to safety issues.
- Advocated for students' needs related to school functioning.
- Attended collaborative WAISC meetings (Washington Area Independent School Counselors).

MCDHHS/MCPS ED UNIT COLLABORATIVE, Montgomery County

Rockville, MD

Social Worker

August 1998- August 2001

- Provide case management to students in Elementary/Middle School ED (Emotional Disability) Cluster Model Programs in Montgomery County Public Schools through school-based, home-based, and community-based interventions.
- Provide outreach, support, and psycho-education to families, assess mental health and other (concrete) needs, make referrals to services in the community, and help families access these services.
- Help families access health insurance for their children through the Children's Health Initiative Program (CHIPS), and negotiate with HMOs in advocating for the provision of mental health services for children.
- Consult and collaborate with ED Program staff, Principals, and other school support staff on social/emotional/behavioral issues, which affect students' functioning in the classroom.
- Create a collaborative process through developing effective working relationships between families, schools, and community providers in addressing the needs of children.
- Assist with Crisis Intervention in the classroom, respond to Risk Protocols when students exhibit behaviors putting themselves or others at risk, and help families obtain evaluations/services to help stabilize crises.
- Attend IEP meetings and assist in making educational recommendations for students.
- Collaborate with mental health and social service providers on developing and implementing treatment plans for children and their families.
- Compose quarterly reports and track outcome measures on student progress.

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ACCESS PROGRAM, City of Alexandria Psychiatric Social Worker II

Alexandria, VA
March 1998- August 1998

- Provided home-based individual and family therapy, and intensive case management to children, adolescents, and their families.
- Gathered data for City of Alexandria's ACCESS Research Project.
- Attended Community Family Assessment and Planning (FAPT) meetings to assist in making recommendations for service provision to children and adolescents.
- Served as a liaison/consultant to the Alexandria Community Public Schools and link students to community resources and services.
- Facilitated Wrap Around Planning meetings, identifying a Child/Family Team, utilizing child and family strengths and natural resources in the family's life to meet the child's needs in all life domains.

MULTI-SERVICE CENTER , Riverside Community Care Senior Residential Clinician

Newton , MA
Sept 1996- Dec 1997

- Provided diagnostic assessments and individual, group, and family therapy, and case management for adolescents in a short-term diagnostic residential setting.
- Co-facilitated substance abuse group, treatment goals group, and real life issues group.
- Provided 24 hour on-call clinical/administrative back up coverage to residential staff .
- Supervised residential staff and graduate social work students in their clinical internships.
- Produced comprehensive diagnostic evaluations with recommendations for treatment and placement.
- Acted as Multi's Human Rights Advocate and trained clients and staff on human rights issues.

MULTI-SERVICE CENTER (continued)

Outreach Coordinator

- Provided home-based, school-based, and clinic-based crisis intervention, drug and alcohol assessment, individual, family, and group therapy, and appropriate referrals to Wellesley adolescents and their families.
- Consulted and collaborated with Wellesley High School faculty and worked cooperatively with community officials and agencies in assessing needs and providing services for Wellesley youth.
- Provided drop-in counseling hours for students at Wellesley High School.
- Developed and led a six week "Art Therapy Approach to Violence Prevention Group" for students in Wellesley High School's 502.4 special educational program.

NEWTON OUTPATIENT CLINIC, Riverside Community Care

Newton, MA
Nov 1994- Dec 1997

Outpatient Fee for Service Clinician

- Provided outpatient treatment to adults, adolescents and families using short and long term interventions.
- Assessed, diagnosed, and formulated treatment plans with clients in treating issues of substance abuse, mood disorders, oppositional behavior, attentional difficulties, and family discord.

NEWTON OUTPATIENT CLINIC, Riverside Community Care

Newton, MA
Nov 1994- Sept 1996

Home-Based Crisis Stabilization Therapist

- Assessed and provided short term, intensive home-based treatment and crisis intervention to children, adolescents, and their families 1-4 times a week for 4-6 weeks.
- Developed treatment plans with families using possibility-oriented, solution focused, and family systems approaches.
- Collaborated with families' existing network of service providers in treatment planning , made referrals for aftercare planning, and advocated for the provision of appropriate services.
- Participated in Youth Commission meetings in various towns to enhance and develop services for children and adolescents.
- Provided consultation and made recommendations to The Department of Mental Health through written assessments of complex child/adolescent cases.

POST GRADUATE WORK:

- Empower Program's School Violence Prevention Institute, August 2003
- JSSA's Post Graduate Certificate Program: "Child and Adolescent Assessment and Treatment A Biopsychosocial Approach", June 2002
- Regularly attend professional workshops on mental health related topics to maintain licensure

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PRESENTATIONS AND TRAININGS:

- Lowell Middle School Advisor/Coaches' Training, October 2011
- Guest Speaker for Catholic University Social Work Graduate School Class on Treating Adolescents taught by Britt Rathbone- "Adolescent Social Culture", April 2010
- Jewish Community Center Camp Counselor Training- "Developmental Functioning of Pre-Teens", June 2009 and June 2010
- St. Albans Parent Association Training- "So Your Kid's Online: OMG!", February 2009
- Jewish Day School Lower School Parent Training- "Keeping Kids Safe and Healthy in the Age of Technology", January 2009
- Herbert Hoover Middle School parent Training- "So Your Kid's Online: OMG!", October 2008
- Mental Health Association Summer CEU Event, Conference Speaker- "Understanding Adolescent Social Culture: From Bonding to Bullying" (3hours) and "Technology Use and Adolescent Social Culture" (3 hours), July 2008
- Co-Facilitated 2 Day "Owning Up" Curriculum Training for Educators, July, 2008
- Rosalind Wiseman's "Owning Up" Curriculum Training- "Brain Functions in the Social World: How the Brain works in Boy World and Girl World", October 2007, April 2008, July 2008, November 2008, April 2009
- Tilden Middle School Parent Training- "So Your Kid's Online: OMG!", May 2008
- Washington County Interagency Conference- "Bullying Strategies and Interventions for Schools and Organizations", April 2008
- School Without Walls Parent Training- "So Your Kid's Online: OMG!", April 2008
- Howard County Public Schools Counselor Training (Co-Led with Rosalind Wiseman)"Owning Up" in Schools, March 2008
- Kensington Wheaton Youth Services- "The Parent-Teen Relationship", February 2008
- Holy Cross School Parent Training- "So Your Kid's Online: OMG!", February 2008
- Norwood School Parent Training- "The Parent-Teen Relationship: Paving the Way toward Autonomy and Independence", March 2007
- Capital One Girls Leadership Conference- Workshop Facilitator, March 2007
- Montgomery County Schools and Community United in Partnership "SCUP" Conference- "Bullying Strategies and interventions", October 2007
- Wootton High School Cluster Parent Training- "So Your Kid's Online: OMG!", October 2007
- Loudon County After School Programs Staff Training- "Creating a Positive Climate for your Organization", August 2007
- Linkages to Learning Staff Training- "Kids Online: What you Need to Know", August 2007
- Deal Middle School Parent Training- "The Teen-Parent Relationship: Paving the way toward Autonomy and Independence", October 2004
- McLean School Parent Training: "Ready Set, Let Go"- Program for parents preparing to send their kids off to college, Feb 2004
- Sidwell Friends School Parent Training: "The Teen-Parent Relationship: Paving the Way Toward Autonomy and Independence", October, 2005
- AIMS (Association for Independent Maryland Schools) Conference: "The Cost of Adolescent Detachment from Parents & the School's Role: Connection, Support, and Accountability", November, 2004
- Walt Whitman High School Youth Summit 2000, 2002, 2004: "Date and Acquaintance Rape: What You Need to Know"

PROFESSIONAL AFFILIATION:

- National Association of Social Workers

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GRADUATE INTERNSHIPS:

NEWTON/NEEDHAM OUTPATIENT CLINICS, *Riverside Community Care*

Newton/Needham, MA

Social Work Intern

Sept 1993- May 1994

- Assessed, diagnosed, formulated treatment plans, provided short and long term outpatient therapies to adults, adolescents, children, and families, and co-lead a Single Parent Support Group.
- Supervised high school seniors in the roles of Big Brothers and Big Sisters through Newton's One to One program at Newton North High School.
- Established working relationship between Needham's Elementary School and the Needham Outpatient Clinic while counseling children in the school.
- Participated in weekly seminars on clinical work with families, children, and substance users/abusers.

THE NATIONAL INSTITUTES OF HEALTH

Bethesda, MD

Social Work Associate

June 1993- Aug 1993

- Conducted biopsychosocial evaluations and provided emotional support, case management, and advocacy for multicultural patients involved in research studies on the Auto Immune Deficiency inpatient unit and in the HIV/AIDS outpatient clinic.
- Co-lead support group for patients coping with chronic illness and their families.
- Attended Social Work Rounds, Medical Rounds, and Clinical Grand Rounds weekly and reported on psychosocial assessments of patients.

SHREWSBURY COMMUNITY SERVICES

Shrewsbury, MA

Social Work Intern

Sept 1992- May 1993

- Provided long and short term therapies and accessed resources for multicultural individuals and families.
- Directed and coordinated activities for an after school teen program targeting at-risk youth.
- Wrote, produced, and hosted "Community Forum", a local cable television program addressing relevant youth issues in the community (SPAC-TV).
- Organized fund raising events and charity drives benefiting the agency and its clients.

REFERENCES: Professional References available upon request