

## **PROFESSIONAL EXPERIENCE**

### **Founder and President**

#### **Rathbone & Associates, Rockville, MD, December 1990 - Present**

Founded adolescent mental health practice that provides assessment and treatment services to adolescents and their families. Practice specializes in adolescence, with special interest in resistant, difficult to engage, and challenging to treat clients. Conducts parenting workshops and leads multiple ongoing successful psychotherapy groups for adolescents. Presenter to large professional and lay audiences on issues associated with adolescence on a regular basis. Trains other psychotherapists. Consultant to schools on prevention and mental health issues. Oversees development of practice. Hires clinical staff. Named top therapist for adolescents by *Washingtonian Magazine*.

### **Faculty**

#### **The Catholic University of America, National Catholic School of Social Service, Washington, DC, 2008-Present**

Taught graduate level class "Clinical Social Work with Adolescents and Young Adults" to advanced standing social work graduate students. Participated in curriculum development.

### **Faculty**

#### **JSSA Postgraduate Certificate Program, Rockville, MD, 2000-Present**

Taught classes to advanced level clinicians on adolescent neurological development and engaging and effectively working with adolescents in various modalities, with particular emphasis on resistance and difficult to treat adolescents. Consistently received the highest ratings for program content and quality of presentations.

### **Branch Manager**

#### **Jewish Social Service Agency, Gaithersburg, MD, September 1992 - March 1996**

Managed office providing non-sectarian psychotherapy services to children, adolescents, and parents. Evaluated therapist and support staff performance. Responsible for program development, outreach and marketing, and assuring therapist productivity. Increased referrals for service by 120% in first eight months. Exceeded all department goals. Monitored budgets and revenue. Successfully managed overall operation of branch. Participated in development of ADHD clinic. Implemented total quality management principles for staff and clients.

### **Coordinator, Managed Care Programs**

#### **Jewish Social Service Agency, Rockville, MD, May 1992 - March 1996**

Developed agency response to managed mental health care requirements. Acted as liaison to managed care companies and monitored staff participation in 12 managed care contracts. Established and negotiated group contracts for agency.

### **Consultant**

#### **Family Support Center, Bethesda, MD, July 1991 - June 1992**

Provided training to therapists on assessment of adolescent mental health and substance abuse problems. Met with private schools to develop prevention programming for youth and parents. Designed and provided extensive substance use and abuse prevention programming to middle school students, teachers, and adults working with youth.

**Consultant**

**Teen Talk Television Production, Montgomery County Cable, Sept 1990 - June 1991**

Assisted producer in developing topics for ACE Award winning telecast. Contacted, recruited, briefed and prepared guests and audience members.

**Supervisor**

**Jewish Social Service Agency, Adolescent Services, Rockville, MD, May 1988 - March 1996**

Established non-sectarian adolescent outreach and treatment service. Increased number of adolescents seen by over 1000%. Supervised professional staff and graduate students. Led workshops and seminars for parents, youth, and youth service providers. Trained and supervised peer counselors and acted as consultant to staff and community on adolescent substance abuse issues. Represented agency on youth service committees and coalitions. Provided individual, group and family therapy services to adolescents and their parents. Nominated twice for Montgomery County Commission on Children and Youth Outstanding Service to Youth Award. Participated on agency community response team providing services to youth in aftermath of tragedies. Created Teen SOS crisis intervention service. Wrote advice column for teenagers published locally. Developed successful marketing materials. Led over 150 Family Life Education workshops. Developed and administered pregnancy prevention program for high-risk youth at local juvenile detention center. Secured grant funding for program. Monitored compliance with requirements for grants.

**Social Worker/Substance Abuse**

**The Door, Psychological Counseling Service  
New York, NY, May 1986 - May 1988**

Conducted long and short-term individual, group and family treatment for adolescents. Primary case management of inner-city adolescent substance abusers and children of alcoholics. Developed drug prevention program recognized and funded by the Nancy Reagan Drug Abuse Foundation. Clinically supervised graduate students. Presented seminars and served as consultant to staff and community.

**INTERNSHIPS**

**The Door, Crisis Intervention Service  
New York, NY, 1985 - 1986**

Provided crisis intervention services and planned short-term treatment to inner-city youth within a large multiservice agency. Organized and led weekly milieu mental health groups. Developed team structure resulting in greater productivity.

**Coney Island Community Support Systems Project, Brooklyn, NY, 1984 - 1985**

Provided long-term supportive psychotherapy and extensive group work to deinstitutionalized individuals with schizophrenia in a residential setting. Assessed potential residents for admittance to program. Member of interdisciplinary team.

**EDUCATION**

**Columbia University School of Social Work, New York, NY**

Master of Science, Social Work

Concentration: Clinical Social Work

**University of Maryland, College Park, MD**

Bachelor of Arts

Dual Major: Sociology and Criminology

**AFFILIATIONS**

Member, National Association of Social Workers

Designated Qualified Clinical Social Worker

Designated NASW Diplomate in Clinical Social Work

Member, Academy of Certified Social Workers

Member, Greater Washington Society for Clinical Social Work

Maryland LCSW-Clinical

Listed in NASW Register of Clinical Social Workers

Clinical Member, American Group Psychotherapy Association

Listed in Registry of Group Psychotherapists

Certified Group Psychotherapist

Faculty member, JSSA Post-Graduate Certificate Program: Child and Adolescent Treatment

**AWARDS**

Washingtonian Magazine listing of “**Top Washington Psychotherapists**” April 1998

**MEDIA**

Interviewed on air by WTTG Fox5 News, WJLA Channel 7, and for publication by The Washington Post and USA Today.

**WORKSHOP AND SPEECH TOPICS**

Available upon request