

PROFESSIONAL EXPERIENCE**Founder and President
Rathbone & Associates****Bethesda and Rockville, Maryland, December 1990 - Present**

Founded adolescent mental health practice that provides assessment and treatment services to adolescents and their families. Clinical work specializes in adolescence, with special interest in resistant, difficult to engage, and challenging to treat clients. Conducts parenting workshops and leads multiple ongoing successful psychotherapy groups for adolescents. Clinical services are of the highest quality and client satisfaction measures consistently report superior effectiveness of services. Presents to large professional and lay audiences on issues associated with adolescence on a regular basis. Trains other psychotherapists. Consultant to public and private schools on prevention and mental health issues. Oversees development of practice. Hires all clinicians and administrative support personnel. Named top therapist for adolescents by *Washingtonian* Magazine.

Founding Member**Metropolitan Washington Dialectical Behavior Therapy (DBT) Consortium
Rockville, Maryland, 2009- Present**

Participated in community based treatment team providing effective and adherent state of the art DBT to adolescents. Provided high quality training to mental health professionals.

Associate of the Faculty**The Catholic University of America, National Catholic School of Social Service,
Washington, DC, 2008-Present**

Taught graduate level class "Clinical Social Work with Adolescents and Young Adults" to advanced standing social work master's degree candidates. Participated in curriculum development. Rated at the highest level for "knowledge and skill of instructor" and "overall effectiveness of instructor" by students.

Faculty**JSSA Postgraduate Certificate Program
Rockville, Maryland, 2000-Present**

Taught classes to advanced level clinicians on adolescent neurological development and engaging and effectively working with adolescents in various modalities, with particular emphasis on resistance and difficult to treat adolescents. Consistently received the highest ratings for program content and quality of presentations.

Branch Manager**Jewish Social Service Agency
Gaithersburg, Maryland, September 1992 - March 1996**

Managed office providing non-sectarian psychotherapy services to children, adolescents, and parents. Evaluated therapist and support staff performance. Responsible for program development, outreach and marketing, and assuring therapist productivity. Increased referrals for service by 120% in first eight months. Exceeded all department goals. Monitored budgets and revenue. Successfully managed overall operation of branch. Participated in development of ADHD clinic. Implemented total quality management principles for staff and clients.

Coordinator, Managed Care Programs**Jewish Social Service Agency
Rockville, Maryland, May 1992 - March 1996**

Developed agency response to managed mental health care requirements. Acted as liaison to managed care companies and monitored staff participation in 12 managed care contracts. Established and negotiated group contracts for agency.

Consultant**Family Support Center****Bethesda, Maryland, July 1991 - June 1992**

Provided training to therapists on assessment of adolescent mental health and substance abuse problems. Met with private schools to develop prevention programming for youth and parents. Designed and provided extensive substance use and abuse prevention programming to middle school students, teachers, and adults working with youth.

Consultant**Teen Talk Television Production, Montgomery County Cable****Rockville, Maryland, Sept 1990 - June 1991**

Assisted producer in developing topics for ACE Award winning telecast. Contacted, recruited, briefed and prepared guests and audience members.

Supervisor**Jewish Social Service Agency, Adolescent Services****Rockville, Maryland, May 1988 - March 1996**

Established non-sectarian adolescent outreach and treatment service. Increased number of adolescents seen by over 1000%. Supervised professional staff and graduate students. Led workshops and seminars for parents, youth, and youth service providers. Trained and supervised peer counselors and acted as consultant to staff and community on adolescent substance abuse issues. Represented agency on youth service committees and coalitions. Provided individual, group and family therapy services to adolescents and their parents. Nominated twice for Montgomery County Commission on Children and Youth Outstanding Service to Youth Award. Participated on agency community response team providing services to youth in aftermath of tragedies. Created Teen SOS crisis intervention service. Wrote advice column for teenagers published locally. Developed successful marketing materials. Led over 150 Family Life Education workshops. Developed and administered pregnancy prevention program for high-risk youth at local juvenile detention center. Secured grant funding for program. Monitored compliance with requirements for grants.

Social Worker/Substance Abuse**The Door, Psychological Counseling Service****New York, New York, May 1986 - May 1988**

Conducted long and short-term individual, group and family treatment for adolescents. Primary case management of inner-city adolescent substance abusers and children of alcoholics. Developed drug prevention program recognized and funded by the Nancy Reagan Drug Abuse Foundation. Clinically supervised graduate students. Presented seminars and served as consultant to staff and community.

INTERNSHIPS**The Door, Crisis Intervention Service****New York, New York, 1985 - 1986**

Provided crisis intervention services and planned short-term treatment to inner-city youth within a large multiservice agency. Organized and led weekly milieu mental health groups. Developed team structure resulting in greater productivity.

Coney Island Community Support Systems Project**Brooklyn, New York, 1984 - 1985**

Provided long-term supportive psychotherapy and extensive group work to deinstitutionalized individuals with schizophrenia in a residential setting. Assessed potential residents for admittance to program. Member of interdisciplinary team.

EDUCATION

Columbia University School of Social Work, New York, New York

Master of Science, Social Work
Concentration: Clinical Social Work

University of Maryland, College Park, Maryland

Bachelor of Arts
Dual Major: Sociology and Criminology

AFFILIATIONS

Member, National Association of Social Workers
Designated Qualified Clinical Social Worker
Designated NASW Diplomate in Clinical Social Work
Member, Academy of Certified Social Workers
Member, Greater Washington Society for Clinical Social Work
Maryland LCSW-Clinical
Listed in NASW Register of Clinical Social Workers
Clinical Member, American Group Psychotherapy Association
Listed in Registry of Group Psychotherapists
Certified Group Psychotherapist
Faculty member, JSSA Post-Graduate Certificate Program: Child and Adolescent Treatment

AWARDS

Washingtonian magazine listing of "Top Washington Psychotherapists" April 1998
Washingtonian magazine listing of "Top Washington Psychotherapists" July 2010

MEDIA

Interviewed on air by WTTG Fox5 News, WJLA Channel 7, and for publication by The Washington Post, USA Today, Washington Parent, Gazette newspapers and Bethesda magazine.

WORKSHOP AND SPEECH TOPICS

Available upon request